

Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 23. September	Tuesday, 24. September	Wednesday, 25. September	Thursday, 26. September	Friday, 27. September
SUPPE   Vegan broccoli soup <i>approx 76.1 cal.</i>	SUPPE Cream of vegetable soup <i>approx 83.4 cal.</i>	SUPPE   Vegetable broth with vermicelli and vegetable strips <i>approx 49.2 cal.</i>	SUPPE Cream of pumpkin soup <i>approx 124.6 cal.</i>	SUPPE   Vegan fennel soup <i>approx 66.7 cal.</i>
2.50	2.50	2.50	2.50	2.50
AROUND THE WORLD Braised beef roulade Red wine sauce Bramata polenta Green beans <i>approx 722.0 cal. / Roulade (beef, pork): Switzerland</i>	AROUND THE WORLD Pork cordon bleu Ketchup French fries Glazed carrots <i>approx 877.5 cal. / Cordon bleu (pork): Switzerland</i>	AROUND THE WORLD  Chicken meatballs Panang curry sauce Jasmine rice Pak choy <i>approx 812.0 cal. / Meatballs (chicken): Switzerland</i>	AROUND THE WORLD  Marinated redfish fillet Herb vinaigrette Boiled potatoes Creamed fennel <i>approx 583.4 cal. / Redfish: Northeast Atlantic</i>	AROUND THE WORLD  Hungarian beef goulash Paprika sauce with bell peppers Spätzli Brussels sprouts <i>approx 826.3 cal. / Beef: Switzerland</i>
INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50
ENJOY GREEN   Shakshuka Israeli vegetable stew with free-range egg and crispy white bread Watercress with Za'atar spice <i>approx 481.3 cal.</i>	ENJOY GREEN   Chilli sin carne Spicy plant protein with bell peppers, tomatoes, corn, beans and coriander White quinoa Guacamole <i>approx 697.3 cal.</i>	ENJOY GREEN Tortelli filled with pumpkin and carrots Creamy porcini mushroom sauce Oven-baked pumpkin with rosemary and garlic Marinated rocket <i>approx 661.8 cal.</i>	ENJOY GREEN  Spinach risotto with breaded Brie triangles, caramelised nuts and spinach <i>approx 1372.2 cal.</i>	ENJOY GREEN   Lentil and vegetable patty Tomato coulis Wholegrain fusilli Baked courgettes <i>approx 605.9 cal.</i>
INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50
DESSERT   Vegan crème caramel with walnuts <i>approx 178.8 cal.</i>	DESSERT  Chocolate mousse <i>approx 300.1 cal.</i>	DESSERT  Amaretti and plum trifle <i>approx 172.3 cal.</i>	DESSERT   Pear cake with thyme crumble <i>approx 385.5 cal.</i>	DESSERT Bavarian crème <i>approx 195.9 cal.</i>
2.50	2.50	2.50	2.50	2.50