Staff restaurant Eldora - Roche Convivo / Convivo

Monday, 20. January	Tuesday, 21. January	Wednesday, 22. January	Thursday, 23. January	Friday, 24. January
SUPPE	SUPPE	SUPPE 🛷	SUPPE	SUPPE
Potato and leek soup approx 100.9 cal.	Carrot, ginger and coconut soup approx 95.8 cal.	Barley soup <i>approx 95.4 cal.</i>	Vegan broccoli soup <i>approx 76.1 cal.</i>	Indian lentil and spinach soup approx 114.9 cal.
2.50	2.50	2.50	2.50	2.50
ENJOY GREEN	ENJOY GREEN	ENJOY GREEN	ENJOY GREEN	ENJOY GREEN
Veganuary Arroz de Feijão Rice with tofu, saffron, tomatoes, beans and peri-peri sauce	Veganuary Pita bread filled with falafel, sesame soy yoghurt, cos lettuce and red cabbage Baked aubergine Baked green bell peppers Pomegranate seeds	Veganuary Lentil and vegetable Bolognese Wholegrain spaghetti Rocket salad with dried tomatoes	Veganuary Pulled Mushroom Burger Corn and chilli bun with pulled oyster mushrooms, barbecue sauce and fried onions French fries Coleslaw	Veganuary Spinach and green spelt fritter Cauliflower and millet puree Rainbow oven-baked vegetables Wild herb dip
approx 574.0 cal.	approx 756.2 cal.	approx 804.2 cal.	approx 827.8 cal. / Bun: Switzerland	approx 618.8 cal.
INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50
AROUND THE WORLD	AROUND THE WORLD	AROUND THE WORLD	AROUND THE WORLD	AROUND THE WORLD
Veal bratwurst sausage Onion gravy Rösti potatoes Glazed rainbow carrots	Sliced beef Burgundy red wine sauce Potato dumplings Brussels sprouts	Roast shoulder of veal Thyme sauce Bramata polenta Broccoli	South Indian fish curry Jasmine rice Pak choi with pineapple and chilli	Turkey piccata Turkey schnitzel with egg and grated cheese Tomato sauce Penne Fennel with herbs
approx 825.6 cal. / Sausage (pork, veal): Switzerland	approx 747.5 cal. / Beef: Switzerland	approx 581.3 cal. / Veal: Switzerland	approx 638.0 cal. / Sea Bass: Vietnam	approx 755.3 cal. / Turkey: France
INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Vegan cheesecake approx 477.7 cal.	Caramel flan <i>approx 201.7 cal.</i>	Chocolate crème Belle Hélène approx 195.9 cal.	Gingerbread and plum trifle approx 164.3 cal.	Passion fruit mousse approx 114.9 cal.
2.50	2.50	2.50	2.50	2.50