

Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 16. September	Tuesday, 17. September	Wednesday, 18. September	Thursday, 19. September	Friday, 20. September
SUPPE   Creamy ratatouille soup <i>approx 64.7 cal.</i>	SUPPE   Vegan kohlrabi soup <i>approx 68.9 cal.</i>	SUPPE   Cauliflower tahini soup <i>approx 177.0 cal.</i>	SUPPE   Vegetable broth with egg and vegetable strips <i>approx 27.3 cal.</i>	SUPPE  Curried vegetable soup with yoghurt <i>approx 129.1 cal.</i>
2.50	2.50	2.50	2.50	2.50
AROUND THE WORLD Emmental sausage schnitzel Rosemary sauce Fried potatoes Kohlrabi with herbs <i>approx 726.0 cal. / Escalope (veal, pork): Switzerland</i>	AROUND THE WORLD   Bolognese sauce Penne Roasted Mediterranean vegetables <i>approx 653.0 cal. / Beef: Switzerland</i>	AROUND THE WORLD Schweizer Genusswoche Pork Saltimbocca Balsamic glaze PureSpelt risotto Wild herb salad <i>approx 585.6 cal. / Pork: Switzerland</i>	AROUND THE WORLD  Chicken thigh skewer Thai yellow curry sauce Jasmine rice Asian vegetables <i>approx 803.0 cal. / Chicken: Switzerland</i>	AROUND THE WORLD Calamari in batter Quark aioli Parsley potatoes Broccoli <i>approx 669.7 cal. / Calamari in batter: Southwest Atlantic</i>
INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50
ENJOY GREEN   Roasted cauliflower with tahini, smoked paprika and pomegranate seeds Hummus Bulgur tabbouleh <i>approx 942.3 cal.</i>	ENJOY GREEN   Schweizer Genusswoche Pita bread filled with falafel, sesame yoghurt, cos lettuce and red cabbage Oriental vegetable salad with mint and parsley <i>approx 737.4 cal.</i>	ENJOY GREEN Vegetable and wild mushroom ragout Puff pastry vol-au-vents Pilaf rice Steamed peas <i>approx 922.7 cal.</i>	ENJOY GREEN  Schweizer Genusswoche Pizzoccheri with leek, savoy cabbage, spinach, carrots, walnuts and Grisons mountain cheese <i>approx 707.4 cal.</i>	ENJOY GREEN  Vegetarian burrito with plant protein, beans, vegetables, cheddar cheese, sour cream and coriander Guacamole Nachips <i>approx 1023.4 cal.</i>
INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50
DESSERT Lemongrass and coconut panna cotta with mango sauce <i>approx 282.3 cal.</i>	DESSERT  Banana crème with honey nuts <i>approx 287.1 cal.</i>	DESSERT  Schweizer Genusswoche Lemon and polenta cake topped with rosemary and ricotta <i>approx 342.4 cal.</i>	DESSERT  Plum mousse <i>approx 170.1 cal.</i>	DESSERT  Graubünden nut trifle <i>approx 433.6 cal.</i>
2.50	2.50	2.50	2.50	2.50