

## Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 07. April	Tuesday, 08. April	Wednesday, 09. April	Thursday, 10. April	Friday, 11. April
<b>SUPPE</b>  Vegan broccoli soup <i>approx 69.1 cal.</i>	<b>SUPPE</b>  Cream of kohlrabi soup <i>approx 76.4 cal.</i>	<b>SUPPE</b>  Vegetable broth with pancake ribbons and vegetable strips <i>approx 54.1 cal.</i>	<b>SUPPE</b>  Cream of pea soup <i>approx 121.4 cal.</i>	<b>SUPPE</b>  Hawaiian curry soup with lemongrass <i>approx 108.1 cal.</i>
2.50	2.50	2.50	2.50	2.50
<b>AROUND THE WORLD</b> Breaded pork schnitzel Ketchup French fries Kohlrabi with herbs <i>approx 858.6 cal. / Pork: Switzerland</i>	<b>AROUND THE WORLD</b>  Gallo Pinto Bowl with broccoli and carrots, tomatoes, celery stalks, gallo pinto rice, avocado, chicken breast and kefir dressing <i>approx 569.2 cal. / Chicken: Switzerland</i>	<b>AROUND THE WORLD</b> Veal meatloaf with wild garlic Creamy wild garlic sauce Spätzli Glazed peas with spring onions <i>approx 1054.7 cal. / Veal: Switzerland</i>	<b>AROUND THE WORLD</b>  Smart Eating Fish Bowl Sea bream fillet, tomato-cucumber salsa, fermented red cabbage, marinated rocket, corn, mango, tortilla chips and chive sour cream <i>approx 552.6 cal. / Gilthead: Turkey</i>	<b>AROUND THE WORLD</b> Braised beef Red wine sauce Bramata polenta Steamed fennel <i>approx 506.6 cal. / Beef: Switzerland</i>
INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50
<b>ENJOY GREEN</b>  Vol-au-vents Asparagus ragout Garden cress Roasted nuts <i>approx 690.8 cal.</i>	<b>ENJOY GREEN</b>  Bolognese sauce with quorn Spaghetti Fried courgettes with dried tomatoes and pine nuts <i>approx 636.5 cal.</i>	<b>ENJOY GREEN</b>  Soft tacos with pulled mushrooms, black beans, sweet potato and avocado Jalapeño and coriander salsa Lettuce salad with cucumber and tomatoes <i>approx 578.4 cal.</i>	<b>ENJOY GREEN</b>  Fairtrade Riz Casimir with chickpeas, mango and pineapple Basmati rice Roasted cashews <i>approx 635.9 cal.</i>	<b>ENJOY GREEN</b>  Shakshuka Israeli vegetable stew with free-range egg and crispy white bread Couscous Marinated wild herbs <i>approx 689.0 cal. / Bread: France</i>
INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50
<b>DESSERT</b>  Mango mousse with whipped cream <i>approx 150.5 cal.</i>	<b>DESSERT</b> Black Forest trifle <i>approx 293.0 cal.</i>	<b>DESSERT</b> Crème brûlée <i>approx 218.0 cal.</i>	<b>DESSERT</b>  Brownie <i>approx 350.4 cal.</i>	<b>DESSERT</b>  Espresso Macchiato Mousse <i>approx 178.0 cal.</i>
2.50	2.50	2.50	2.50	2.50