

Staff restaurant Eldora - Roche Quadra Lago / Quadra

Monday, 02. May	Tuesday, 03. May	Wednesday, 04. May	Thursday, 05. May	Friday, 06. May
SOUP   Asian mushroom soup with coconut milk <i>approx 126.6 cal.</i> INT CHF 1.80 / EXT CHF 2.50	SOUP   Potato cream soup <i>approx 105.8 cal.</i> INT CHF 1.80 / EXT CHF 2.50	SOUP   Potato wasabi cream soup <i>approx 139.7 cal.</i> INT CHF 1.80 / EXT CHF 2.50	SOUP   Vegan asparagus soup <i>approx 69.1 cal.</i> INT CHF 1.80 / EXT CHF 2.50	SOUP   Bell peppers cream soup <i>approx 80.7 cal.</i> INT CHF 1.80 / EXT CHF 2.50
ASIA WOK  Chicken breast strips, pork cutlets or tofu cubes red thai curry sauce, oyster ginger sauce Jasmine rice Mix it buffet <i>approx 598.2 cal. / Pork: Switzerland, Chicken: Switzerland</i> INT CHF 14.50 / EXT CHF 17.50	ASIA WOK  Chicken breast strips, pork cutlets or tofu cubes red thai curry sauce, oyster ginger sauce Jasmine rice Mix it buffet <i>approx 598.2 cal. / Pork: Switzerland, Chicken: Switzerland</i> INT CHF 14.50 / EXT CHF 17.50	ASIA WOK  Chicken breast strips, pork cutlets or tofu cubes red thai curry sauce, oyster ginger sauce Jasmine rice Mix it buffet <i>approx 598.2 cal. / Pork: Switzerland, Chicken: Switzerland</i> INT CHF 14.50 / EXT CHF 17.50	ASIA WOK  Chicken breast strips, pork cutlets or tofu cubes red thai curry sauce, oyster ginger sauce Jasmine rice Mix it buffet <i>approx 598.2 cal. / Pork: Switzerland, Chicken: Switzerland</i> INT CHF 14.50 / EXT CHF 17.50	ASIA WOK  Chicken breast strips, pork cutlets or tofu cubes red thai curry sauce, oyster ginger sauce Jasmine rice Mix it buffet <i>approx 598.2 cal. / Pork: Switzerland, Chicken: Switzerland</i> INT CHF 14.50 / EXT CHF 17.50
DA PIZZI Pizza Zurigo with drie-cured ham and fried egg Pizza Stroganoff with beef strips, bell peppers and mushrooms <i>approx 2031.7 cal. / Ham (pork): Switzerland</i> Beef: Switzerland INT CHF 12.50 / EXT CHF 15.50	DA PIZZI Pizza Zurigo with drie-cured ham and fried egg Pizza Stroganoff with beef strips, bell peppers and mushrooms <i>approx 2031.7 cal. / Ham (pork): Switzerland</i> Beef: Switzerland INT CHF 12.50 / EXT CHF 15.50	DA PIZZI Pizza Zurigo with drie-cured ham and fried egg Pizza Stroganoff with beef strips, bell peppers and mushrooms <i>approx 2031.7 cal. / Ham (pork): Switzerland</i> Beef: Switzerland INT CHF 12.50 / EXT CHF 15.50	DA PIZZI Pizza Zurigo with drie-cured ham and fried egg Pizza Stroganoff with beef strips, bell peppers and mushrooms <i>approx 2031.7 cal. / Ham (pork): Switzerland</i> Beef: Switzerland INT CHF 12.50 / EXT CHF 15.50	DA PIZZI Pizza Zurigo with drie-cured ham and fried egg Pizza Stroganoff with beef strips, bell peppers and mushrooms <i>approx 2031.7 cal. / Ham (pork): Switzerland</i> Beef: Switzerland INT CHF 12.50 / EXT CHF 15.50
DA PIZZI VEGETARIAN  Pizza Margherita Mozzarella, basil, tomato Pizza Donna Carolina with porcini mushrooms, Gorgonzola, thyme and garlic <i>approx 1968.4 cal.</i> INT CHF 12.50 / EXT CHF 15.50	DA PIZZI VEGETARIAN  Pizza Margherita Mozzarella, basil, tomato Pizza Donna Carolina with porcini mushrooms, Gorgonzola, thyme and garlic <i>approx 1968.4 cal.</i> INT CHF 12.50 / EXT CHF 15.50	DA PIZZI VEGETARIAN  Pizza Margherita Mozzarella, basil, tomato Pizza Donna Carolina with porcini mushrooms, Gorgonzola, thyme and garlic <i>approx 1968.4 cal.</i> INT CHF 12.50 / EXT CHF 15.50	DA PIZZI VEGETARIAN  Pizza Margherita Mozzarella, basil, tomato Pizza Donna Carolina with porcini mushrooms, Gorgonzola, thyme and garlic <i>approx 1968.4 cal.</i> INT CHF 12.50 / EXT CHF 15.50	DA PIZZI VEGETARIAN  Pizza Margherita Mozzarella, basil, tomato Pizza Donna Carolina with porcini mushrooms, Gorgonzola, thyme and garlic <i>approx 1968.4 cal.</i> INT CHF 12.50 / EXT CHF 15.50
GRILL & ROAST Grill buffet "Roche" Beef steak, meatloaf cordon bleu, venison sausage, Quinoa Chiliburger served with french fries, side dish of the day, vegetables of the day or a choice of fresh salads and fruits from the buffet <i>approx 824.8 cal. / Beef: Switzerland, Cordon bleu (Pork, Veal): Switzerland, Chicken sausage: Switzerland</i> Schweinsbratwurst CHF 12.50 / Pouletbrust, veganer Fleischkäse CHF 14.50 / Kalbspojarski CHF 19.50	GRILL & ROAST Grill buffet "Roche" Beef steak, meatloaf cordon bleu, venison sausage, Quinoa Chiliburger served with french fries, side dish of the day, vegetables of the day or a choice of fresh salads and fruits from the buffet <i>approx 824.8 cal. / Beef: Switzerland, Cordon bleu (Pork, Veal): Switzerland, Chicken sausage: Switzerland</i> Schweinsbratwurst CHF 12.50 / Pouletbrust, veganer Fleischkäse CHF 14.50 / Kalbspojarski CHF 19.50	GRILL & ROAST Grill buffet "Roche" Beef steak, meatloaf cordon bleu, venison sausage, Quinoa Chiliburger served with french fries, side dish of the day, vegetables of the day or a choice of fresh salads and fruits from the buffet <i>approx 824.8 cal. / Beef: Switzerland, Cordon bleu (Pork, Veal): Switzerland, Chicken sausage: Switzerland</i> Schweinsbratwurst CHF 12.50 / Pouletbrust, veganer Fleischkäse CHF 14.50 / Kalbspojarski CHF 19.50	GRILL & ROAST Grill buffet "Roche" Beef steak, meatloaf cordon bleu, venison sausage, Quinoa Chiliburger served with french fries, side dish of the day, vegetables of the day or a choice of fresh salads and fruits from the buffet <i>approx 824.8 cal. / Beef: Switzerland, Cordon bleu (Pork, Veal): Switzerland, Chicken sausage: Switzerland</i> Schweinsbratwurst CHF 12.50 / Pouletbrust, veganer Fleischkäse CHF 14.50 / Kalbspojarski CHF 19.50	GRILL & ROAST Grill buffet "Roche" Beef steak, meatloaf cordon bleu, venison sausage, Quinoa Chiliburger served with french fries, side dish of the day, vegetables of the day or a choice of fresh salads and fruits from the buffet <i>approx 824.8 cal. / Beef: Switzerland, Cordon bleu (Pork, Veal): Switzerland, Chicken sausage: Switzerland</i> Schweinsbratwurst CHF 12.50 / Pouletbrust, veganer Fleischkäse CHF 14.50 / Kalbspojarski CHF 19.50
DESSERT   Caramel cream <i>approx 378.7 cal.</i> INT CHF 1.80 / EXT CHF 2.50	DESSERT   Rhubarb tart <i>approx 369.9 cal.</i> INT CHF 1.80 / EXT CHF 2.50	DESSERT   Toblerone mousse <i>approx 319.6 cal.</i> INT CHF 1.80 / EXT CHF 2.50	DESSERT   Aargau carrot cake <i>approx 307.3 cal.</i> INT CHF 1.80 / EXT CHF 2.50	DESSERT   Yoghurt cream with green apple <i>approx 215.1 cal.</i> INT CHF 1.80 / EXT CHF 2.50