

## Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 13. January	Tuesday, 14. January	Wednesday, 15. January	Thursday, 16. January	Friday, 17. January
<b>SUPPE</b> Vegan vegetable soup <i>approx 71.9 cal.</i>	 <b>SUPPE</b> Cream of kohlrabi soup <i>approx 78.6 cal.</i>	 <b>SUPPE</b> Vegan pea soup <i>approx 115.9 cal.</i>	 <b>SUPPE</b> Hawaiian curry soup with lemongrass <i>approx 99.1 cal.</i>	 <b>SUPPE</b> Sweet potato and pumpkin soup <i>approx 127.0 cal.</i>
2.50	2.50	2.50	2.50	2.50
<b>AROUND THE WORLD</b> Pork schnitzel Creamy cognac sauce Potato croquettes Kohlrabi with herbs <i>approx 733.6 cal. / Pork: Switzerland</i>	<b>AROUND THE WORLD</b> Chicken tajine with lemon, celery, carrots, onions, olives and saffron Couscous Steamed peas <i>approx 903.2 cal. / Chicken: Switzerland</i>	<b>AROUND THE WORLD</b> Züri G'schnätzlets Zurich-style sliced veal in mushroom sauce Spätzli Red cabbage with cranberries <i>approx 928.8 cal. / Veal: Switzerland</i>	<b>AROUND THE WORLD</b> Beef meatloaf Rosemary sauce White wine risotto Oven-baked pumpkin with rosemary and garlic <i>approx 702.1 cal. / Meatloaf (beef, veal): Switzerland</i>	<b>AROUND THE WORLD</b> Wholegrain breaded cod fillet Mayonnaise with chives Boiled potatoes Spinach <i>approx 997.8 cal. / Cod France</i>
INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50
<b>ENJOY GREEN</b> Veganuary Vegan ravioli filled with ratatouille Tomato sauce Baked aubergine Marinated rocket  <i>approx 589.6 cal.</i>	 <b>ENJOY GREEN</b> Veganuary Vegan Cevapcici based on soy and wheat protein Ajvar sauce Lyonnais potatoes White coleslaw with cumin  <i>approx 758.4 cal.</i>	 <b>ENJOY GREEN</b> Veganuary Fairtrade Riz Casimir with chickpeas, mango and pineapple Basmati rice Roasted cashews  <i>approx 630.1 cal.</i>	 <b>ENJOY GREEN</b> Veganuary Roasted cauliflower Chimichurri Mashed sweet potatoes Fried courgettes  <i>approx 553.5 cal.</i>	 <b>ENJOY GREEN</b> Veganuary Chilli sin carne Spicy plant protein with bell peppers, tomatoes, corn and beans White quinoa Guacamole <i>approx 654.6 cal.</i>
INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50
<b>DESSERT</b> Lemongrass and coconut panna cotta with mango sauce <i>approx 282.3 cal.</i>	 <b>DESSERT</b> Lucerne gingerbread  <i>approx 209.3 cal.</i>	 <b>DESSERT</b> Caramel trifle  <i>approx 408.3 cal.</i>	<b>DESSERT</b> Orange and cinnamon crème with pistachio crumble <i>approx 197.6 cal.</i>	 <b>DESSERT</b> Toblerone mousse  <i>approx 318.9 cal.</i>
2.50	2.50	2.50	2.50	2.50