Staff restaurant Eldora - Roche Convivo / Convivo

Monday, 07. April	Tuesday, 08. April	Wednesday, 09. April	Thursday, 10. April		Friday, 11. April	
SUPPE	SUPPE	SUPPE	SUPPE		SUPPE	
Vegan broccoli soup	Cream of kohlrabi soup	Vegetable broth with pancake ribbons and vegetable strips	Cream of pea soup		Hawaiian curry soup with lemongrass	
approx 69.1 cal.	approx 76.4 cal.	approx 54.1 cal.	approx 121.4 cal.		approx 108.1 cal.	
2.50	2.50	2.50	2.50		2.50	
ENJOY GREEN	ENJOY GREEN	ENJOY GREEN	ENJOY GREEN		ENJOY GREEN	
Vol-au-vents Asparagus ragout Garden cress Roasted nuts	Bolognese sauce with quorn Spaghetti Fried courgettes with dried tomatoes and pine nuts	Soft tacos with pulled mushrooms, black beans, sweet potato and avocado Jalapeño and coriander salsa Lettuce salad with cucumber and tomatoes	Fairtrade Riz Casimir with chickpeas, mango and pineapple Basmati rice Roasted cashews		Shakshuka Israeli vegetable stew with free-range egg and crispy white bread Couscous Marinated wild herbs	nd
approx 690.8 cal.	approx 636.5 cal.	approx 578.4 cal.	approx 635.9 cal.		approx 689.0 cal. / Bread: France	
INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50		INT CHF 9.00 / EXT CHF 12.50	
AROUND THE WORLD	AROUND THE WORLD	AROUND THE WORLD	AROUND THE WORLD	0	AROUND THE WORLD	
Breaded pork schnitzel Ketchup French fries Kohlrabi with herbs <i>approx 858.6 cal. / Pork: Switzerland</i>	Gallo Pinto Bowl with broccoli and carrots, tomatoes, celery stalks, gallo pinto rice, avocado, chicken breast and kefir dressing approx 569.2 cal. / Chicken: Switzerland	Veal meatloaf with wild garlic Creamy wild garlic sauce Spätzli Glazed peas with spring onions approx 1054.7 cal. / Veal: Switzerland	Smart Eating Fish Bowl Sea bream fillet, tomato-cucumber salsa, fermented red cabbage, marinated rocket, c mango, tortilla chips and chive sour cream approx 552.6 cal. / Gilthead: Turkey	corn,	Braised beef Red wine sauce Bramata polenta Steamed fennel approx 506.6 cal. / Beef: Switzerland	
INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50		INT CHF 12.00 / EXT CHF 15.50	
DESSERT	DESSERT	DESSERT	DESSERT		DESSERT	
50 D. L.	 Black Forest trifle	Crème brûlée	Brownie	•	Espresso Macchiato Mousse	
Mango mousse with whipped cream approx 150.5 cal.	approx 293.0 cal.	approx 218.0 cal.	approx 350.4 cal.		approx 178.0 cal.	