

Staff restaurant Eldora - Roche Quadra Terra / Quadra

Monday, 03. March	Tuesday, 04. March	Wednesday, 05. March	Thursday, 06. March	Friday, 07. March
SUPPE 	SUPPE 	SUPPE 	SUPPE 	SUPPE 
Cream of fennel soup <i>approx 76.4 cal.</i>	Vegan kohlrabi soup <i>approx 68.9 cal.</i>	Vegan broccoli soup <i>approx 76.1 cal.</i>	Cream of sauerkraut soup <i>approx 99.8 cal.</i>	Borscht Beetroot soup with bacon <i>approx 129.5 cal. / Bacon (pork): Switzerland</i>
2.50	2.50	2.50	2.50	2.50
AROUND THE WORLD	AROUND THE WORLD	AROUND THE WORLD	AROUND THE WORLD	AROUND THE WORLD 
Lamb Cevapcici Ajvar sauce Lyonnais potatoes Kohlrabi with herbs <i>approx 779.9 cal. / Cevapcici (beef, lamb): Switzerland</i>	Sliced turkey Thai green curry sauce Jasmine rice Asian vegetables <i>approx 665.5 cal. / Turkey: France</i>	Favorite Swiss cuisine: Bern Bernese platter Pork neck ribs, bacon and blood tongue Mustard Boiled potatoes Sauerkraut and dried beans <i>approx 635.6 cal. / Bacon (pork): Switzerland, Pork: Switzerland, Sausage (pork, beef): Switzerland</i>	Vinegar-braised beef Red wine sauce Spätzli Glazed carrots <i>approx 871.2 cal. / Beef: Switzerland</i>	Tagliatelle al Salmone with smoked salmon, cream sauce, dill and spinach <i>approx 667.4 cal. / Salmon: Norway</i>
INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50	INT CHF 12.00 / EXT CHF 15.50
ENJOY GREEN 	ENJOY GREEN 	ENJOY GREEN 	ENJOY GREEN 	ENJOY GREEN 
Puff pastry vol-au-vents filled with wild mushroom ragout Oven-baked vegetables Watercress <i>approx 588.3 cal.</i>	Cauliflower and cheese patty Tomato and basil sauce Bramata polenta Broccoli with almonds <i>approx 707.4 cal.</i>	Vegan mince Elbow macaroni Caramelised apple slices <i>approx 621.7 cal.</i>	Chäässchnitte (cheese slices) from the Upper Valais Creamed leeks Baked beetroot <i>approx 786.8 cal. / Bread: Switzerland</i>	Miso aubergine Soy and ginger sauce Fried rice Pak choi with sesame and chilli <i>approx 541.7 cal.</i>
INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50	INT CHF 9.00 / EXT CHF 12.50
DESSERT	DESSERT 	DESSERT 	DESSERT	DESSERT 
Panna cotta with mango sauce <i>approx 327.2 cal.</i>	Baileys banana crème with biscuits <i>approx 160.4 cal.</i>	Ovomaltine crunchy trifle <i>approx 455.3 cal.</i>	Coconut mousse <i>approx 295.7 cal.</i>	Homemade Russian braid <i>approx 147.9 cal.</i>
2.50	2.50	2.50	2.50	2.50